



RUN FOR THE HEALTH OF IT

5K Run/Walk
Sunday, May 5, 2013 9:00AM
Greencastle-Antrim HS Campus/300 S. Ridge Ave.

PROCEEDS BENEFIT PREVENTION PROGRAMMING FOR AREA YOUTH

Course: Greencastle District **Cross Country** Course

Awards: Awards will be given to the top three female and male competitors.

Run Shirts: This year we are offering tech shirts. All registrants wishing to purchase a shirt **MUST** preorder (Pre-registration fee is \$25 with shirt).

Race Day Registration and Packet Pick-up: 7:30am - 8:45am

Entry Fees: Pre-registration: \$20/25 with shirt (Forms must be postmarked 4/20);

Race day Registration: \$25

Make checks payable to: Healthy Communities Partnership or REGISTER ON LINE at:

<http://CVRaceSeries.us>

Complete, clip and mail to:

Healthy Communities Partnership
232 Lincoln Way East, Suite B
Chambersburg, PA 17201

proud participant in the 2013



Name _____ Age (on race day) _____

Address _____ City _____ State _____ Zip Code _____

Email _____

Gender (Circle One): Female Male

Please enclose additional fee if you wish to purchase a shirt: Shirt Size: S M L XL

Waiver

Upon acceptance of my entry, I, the undersigned, assume all the risks associated with running in this event and do hereby release and discharge Healthy Communities Partnership and all other race representatives from any and all claims for damage, demands, and causes of action arising from or as a result of my participation in the race.

*Participants under 18 years of age must have a parent or legal guardian sign the application.

Athlete's Signature: _____

Parent/guardian must sign for runners under 18 years of age: _____